

# MEDIA RELEASE

NEWS FROM THE UNIVERSITY OF TASMANIA

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ATTENTION: Chiefs of Staff, News Directors

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## Psychological Recovery from Trauma – Battlefields to Bushfires

Human response to potentially traumatic experiences has received a lot of attention in recent years.

It is now expected that people exposed to natural disasters, serious accidents and violent assault and combat, will be provided with the best possible care to assist their return to normal functioning.

But exactly what that care should involve is less clear.

Professor Mark Creamer, Professorial Fellow in the Department of Psychiatry at the University of Melbourne, will discuss this at his talk *Psychological Recovery from Trauma – Battlefields to Bushfires* this Wednesday at UTAS.

His presentation will discuss recent developments in our understanding of the nature, prevalence and treatment of psychological reactions to trauma, as well as the implications for recovery planning in the aftermath of disaster.

Prof Creamer is a clinical and consultant psychologist, internationally recognised for his work in the field of posttraumatic mental health.

Prof Creamer works with government and non-government organisations, as well as with health professionals, to improve the recognition, prevention and treatment of mental health problems in people exposed to stressful life events.

This lecture is presented by the UTAS School of Psychology as part of National Psychology Week, 2011.

**Lecture title:** *Psychological Recovery from Trauma – Battlefields to Bushfires*

**Speaker:** Professor Mark Creamer, Professorial Fellow, Department of Psychiatry, University of Melbourne

**Date:** Wednesday, 16 November 2011, 6pm

**Where:** Centenary Lecture Theatre, Grosvenor St, Sandy Bay campus, University of Tasmania

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