

MEDIA RELEASE

NEWS FROM THE UNIVERSITY OF TASMANIA

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ATTENTION: Chiefs of Staff, News Directors



Improved UTAS clinic for chronic disease sufferers

Bigger and better facilities for chronic disease sufferers are now available from School of Human Life Sciences at the UTAS Newnham Campus.

The exercise physiology clinic, previously in one of the old Brooks High buildings, has recently been moved to Building A on the Newnham campus.

UTAS exercise physiologist, Dr Andrew Williams, said the location was an improvement, with dedicated parking spots immediately outside the building and updated state-of-the-art testing equipment.

“Patients on chronic disease management plans who have heart disease, diabetes, obesity, asthma, cancer, musculoskeletal disorders, arthritis and mental health conditions can be referred to us by their GP,” he said.

“They can obtain exercise assessment, prescription and counselling from the exercise physiology clinic and are also eligible for a medicare rebate for exercise physiology services.”

The clinic can also assist healthy individuals with exercise assessment and prescription services and athletes wanting to monitor effectiveness of their training.

Clients wishing to make an appointment can ring 6324 5400 during office hours.

For more information contact: Dr Andrew Williams, ph. 6324 5487

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